



## Forehead Lift

Type of Procedure : **Facial and Head Contouring** (Plastic Surgery Thailand)

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### Plastic Surgery Thailand - Forehead Lift

#### **Transsexual Sex reassignment surgery/Sex change surgery**

*"Vaginoplasty (sex reassignment surgery/sex change surgery) is a dramatic and irrevocable final step in male to female gender transition. This step is usually taken only after the deepest introspection and counselling regarding all the options. For those needing complete gender correction, this surgery is a life saving and life enhancing miracle, and can enable them to live a full and joyous life afterwards."*

<http://ai.eecs.umich.edu/people/conway/TS/SRS.html>

#### **-Service Inclusions-**

##### **Surgical Fee**

- Pre-surgery night and one night recuperation in hospital.
- Doctor fee
- Clinical interview/surgery consultation

##### **Post Operative Care**

- All medicine supplies
- Postoperative check-up at the Institute on a follow up schedule
- There is no extra cost if any correction or additional checkups are required.

##### **Travel Arrangements**

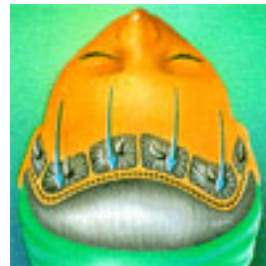
- Hotel booking and free transportation between airport and hospital.

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#### **-Facts at a glance-**

##### **Surgical Procedure**

- The principle of this procedure is to elevate the eyebrows in order to correct abnormally low eyebrows to their correct position.
- The incisions for brow lifting are hidden within the hair by placing them a few centimeters behind the frontal hairline. The face and eyelids are not tightened by a forehead lift, although the upper lid skin may be stretched.



##### **Duration of Operation**

- One hour

##### **Risks and Complications**

- The main risks are swelling, bruising, bleeding, infection, scarring and numbness, or change in sensation.
- The problem unique to this operation is damage nerves on the scalp, thus causing numbness behind the incision. This risk is reduced but not eliminated with endoscopic forehead lifting.
- Another problem is scar stretching. Because scars do not grow hair, this may be noticeable in those with thin hair.

### **After Care**

- If bandages were used, they will be removed a day or two after surgery.

### **Recovery**

- There will be some pain for a few days, which will require some pain medications. While infections are extremely rare, antibiotics are utilized to avoid any potential infection. Swelling and any black and blueness that occurs around the eye will generally be gone within ten to twelve days following the surgery.

### **Results**

- Patients may experience some numbness and temporary discomfort around the incision, which can be controlled with prescription medication. As the nerves heal, numbness on the top of your scalp may be replaced by itching. These sensations may take as long as six months to fully disappear.

### **Hospital Admission**

- One night admission to hospital.

### **Anesthetic**

- General anesthesia (you are asleep)

### **Pre Operative Care**

- Inform us about any allergies, any serious medical condition(s), and all medications you are taking (both prescription and non-prescription)
- Avoid aspirin and aspirin-containing medicines for two weeks prior to surgery.

### **Post Operative Care**

- For at least 2-3 weeks you should limit strenuous activities such as jogging, bending, heavy housework, sex, or any activity that increases your blood pressure. Prolonged exposure to heat or sun should be limited for several months.

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## **-Preparation-**

### **Medical Documents**

- Completed all medical tests (blood pressure, BUN, CBC, prothrombin & partial thromboplastin times, chest x-ray, EKG, HIV)

### **Passport and Visa**

- Plastic surgery thailand - Forehead Lift with Dr. Saran Wannachamras bangkok, Thailand.
- Please forward the copy of your passport to us before the arriving date.
- US citizens can call San Francisco information (415) 744-4444 or you can search under "U.S. Government offices" in the white pages to find the phone number of your local passport office.
- For most tourists, a stay of no more than 30 days does not require a VISA. For further information on Thailand's entry/exit requirements, please contact the Thai consulate in your country or your travel agent.

### **Flight Arrangement**

- Our recommended airlines are Thai International, Northwest, Lufthansa, Singapore, and EVA which

has wide seats.

### **Expenses**

- If you are HIV positive, then you are a risk to hospital personnel. For this reason you need to pay an extra 30% to the original charge.

### **Airport Immigration and Customs**

- Please present the supporting documents confirming the scheduled operation upon request. Please do not carry any unnecessary drugs or dangerous objects in your luggage.

### **Appointment**

- The operation can be arranged once you have all required papers ready. Just inform us of your earliest convenient date prior to arrival, either by [clicking here](#) to contact us via e-mail.

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## **-Frequently Asked Questions**

### **FAQ : Criteria**

#### Who is a candidate for Forehead Lift?

In general, the best candidates for forehead lift are :

- People with good facial skin elasticity
- In good physical health
- Psychologically stable
- Non-smokers, or able to stop before and during the healing process
- Wanting to improve the appearance of furrows or frown lines on the forehead
- Well informed in regard to the procedure's outcome
- Having realistic expectations

**Note:** *Patients who are bald, who have a receding hairline, or who have had previous upper-eyelid surgery, may still be good candidates for forehead lift. The surgeon will simply alter the incision location or perform a more conservative operation.*

### **FAQ : Surgical Procedure**

#### What is a forehead lift?

A forehead lift is the surgical removal of excess fat and skin, as well as a tightening of the muscles in the forehead area. It can correct sagging brows or deep furrows between the eyes. It is often done in conjunction with a facelift in order to create a smoother facial appearance overall.

#### How is a forehead lift performed?

Because of individual factors, not everyone will achieve the same results from a forehead lift. Your plastic surgeon will select the surgical technique that he or she feels will obtain the best outcome for you.

#### How much pain is there?

The amount of pain experienced varies from person to person, and depends on the method used. In general, more extensive procedures can give better correction of the aging changes in the face, but at the cost of greater operating time, more risk, longer swelling, slower recovery, and greater cost. You should discuss your goals, budget, and pain tolerance with your surgeon in order to help him/her determine the procedure, or combination of procedures, that will produce the best results for you.

#### How long does the procedure take?

Forehead lifts normally take one to two hours, depending on the complexity of your individual procedure.

#### What precautions should I take during my recovery?

You should rest and be relatively inactive for the first two days after your procedure. After you begin to

get up and about you should still plan on relaxing for about a week. Your bandages will be removed after about two days and you will be able to wash and shampoo your hair. Other precautions your surgeon will ask you to take will be based on the surgical approach he or she used.

## **FAQ : Result**

### What are some of the most common benefits of this procedure?

A forehead lift is usually quite successful at restoring a more youthful, refreshed look to the area above the eyes. While this procedure cannot stop the aging process, it can often make a person appear to be a decade younger than their actual age. Most patients are pleased with the results of a forehead lift, no matter which surgical method was used. Often, patients don't realize how much the wrinkled, loose skin on their forehead contributed to the appearance of aging until they see how much younger and more rested they appear after the lift. The eyebrow shape may be improved, horizontal lines are much improved, and even vertical lines may be eliminated. For a better understanding of how a forehead lift might change your appearance, look into a mirror and place the palms of your hands at the outer edges of your eyes, above your eyebrows. Gently draw the skin up to raise the brow and the forehead area. Now smile. What you see is close to what a forehead lift would do for you. It is important that you realize that the texture of the skin will not be changed by a forehead lift. Acne scars, age spots, fine lines and smoker's creases will soon return to their original texture, no matter how tight the skin is pulled. However, skin treatments such as laser resurfacing or chemical resurfacing can improve the texture of the skin, and these procedures are frequently used in combination with a forehead lift.

### What is the long-term outcome like for most people?

Most people are pleased with the results of a forehead lift, no matter which surgical method was used. Many people only have one lift in a lifetime, while others have a second surgery 7 - 15 years later. The results of a forehead lift are different for every individual. Remember that a forehead lift cannot stop the aging process, but your forehead will always be smoother and firmer than it would be if you hadn't had this procedure.

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## **Useful Links**

[Dr.Preecha Tiewtranon - PREECHA AESTHETIC INSTITUTE \(PAI\)](#)

[Male to Female Sex Change Surgery](#)

[Vaginoplasty](#)

[Sexual Reassignment Surgery](#)

The number is +662 693-9391

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