



Lower Eyelid Surgery

Type of Procedure : **Facial and Head Contouring** (Plastic Surgery Thailand)

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Plastic Surgery Thailand - Lower Eyelid Surgery

Transsexual Sex reassignment surgery/Sex change surgery

"Vaginoplasty (sex reassignment surgery/sex change surgery) is a dramatic and irrevocable final step in male to female gender transition. This step is usually taken only after the deepest introspection and counselling regarding all the options. For those needing complete gender correction, this surgery is a life saving and life enhancing miracle, and can enable them to live a full and joyous life afterwards."

<http://ai.eecs.umich.edu/people/conway/TS/SRS.html>

-Service Inclusions-

Surgical Fee

- Doctor fee
- Clinical interview/surgery consultation

Post Operative Care

- Cold compression should apply after surgery for the first few hours.
- Postoperative check-up at the Institute on a follow up appointment.
- There is no extra cost if any correction or additional checkups are required.

Travel Arrangements

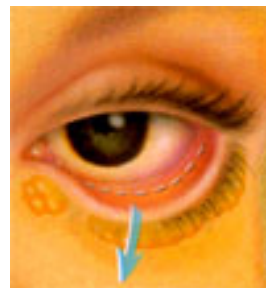
- Hotel booking and free transportation between airport and hospital.

[back to top](#)

-Facts at a glance-

Surgical Procedure

- For traditional lower lid blepharoplasty: An incision is made just beneath the lash line. Excess fat, muscle and skin are removed. Fine sutures are used to close the incision. Permanent stitches will be removed 3-5 days after the procedure. If you have a pocket of fat beneath your lower eyelids, but do not need to have any loose skin removed, your surgeon may recommend a transconjunctival blepharoplasty. In this procedure the incision is made inside your lower eyelid, leaving no visible scar. It is usually performed on younger patients with fatty lower eyelids. Transconjunctival blepharoplasty does not tighten the skin, reduces the puffiness in the lower eyelid region.



Duration of Operation

- Half hour to one hour.

Risks and Complications

- Lagging of the eyelid is the abnormal position of the lower eyelid after surgery because of poor function of eyelid before surgery. This can be reduced by exercise eyelid muscle before surgery.
- Retrobulbar hematoma - (bleeding behind the eye) - rare, but can be serious. Symptoms include loss of vision.
- Temporary problems with excessive tearing.
- Decreased sensation in the eyelid.
- Dry eyes - dryness, burning, stinging, gritty sensation in your eye(s).
- Prominence or firmness of the scars.
- Blurred vision asymmetry in healing or scarring.
- Milia or whiteheads where the sutures emanate from the skin.
- Difficulty closing eyes completely; in rare cases, this condition may be permanent.

After Care

- The first evening after surgery, you should rest quietly with your head elevated. It will help to apply cold compresses to your eyelids. (Avoid any compress heavier than one ounce. A Ziploc bag with a few frozen peas works well.) Your blood pressure should be monitored to avoid bleeding complications that can affect vision. And, although you can be up almost immediately, you should limit your activities.

Recovery

- At first the incisions will probably be red and somewhat bumpy. Eventually, the resulting scar should become flat and inconspicuous. Your sutures (stitches) will be removed sometime within the first week.
- The swelling and discoloration around your eyes will gradually subside, and you'll start to look and feel better each day. Swelling and bruising varies considerably from person to person. Bruising typically disappears within seven to ten days. Within the first week you will be permitted to use makeup, if desired, to conceal any discoloration.
- Your vision may continue to be somewhat blurry for a few days or longer. Your eyes may be temporarily sensitive to light, and you may experience excess tearing or dryness. You may receive eyedrops to help relieve any burning or itching.

Results

- This surgery will make eyes look brighter, larger, and more rested by removing loose skin, stretched muscle, and excess fat. In some people this procedure will improve vision by removing the excessive skin of the upper eyelids which can hang down and interfere with peripheral vision. Eyes will look more youthful. The surgery of lower lids should smooth out bulges, take away fat bags from under eyes, and make the skin snuggler. One will look rested, and people will see your face instead of focusing on your unsightly lower lids. The results tend to be long lasting. It is most common to have this surgery between ages 38 and 50.

Hospital Admission

- This depends on your preferences as well as your surgeon's. Lower eyelid blepharoplasty can be performed on an out patient basis, in the hospital, or in an ambulatory surgical suite under either general or local anesthesia.

Anesthetic

- General or Local Anesthesia.

Pre Operative Care

- Inform us about any allergies, any serious medical condition(s), and all medications you are taking (both prescription and non-prescription)
- Tell your doctor if you have any serious medical condition(s).

Post Operative Care

- For the first week, you'll need to avoid activities that dry the eyes, including reading, watching television, wearing contacts, and using a computer. Also avoid excessive blinking, which leads to

increased swelling. You should also wear dark sunglasses for a couple of weeks to protect your eyes from wind and sun irritation. The eyes may tire easily for several weeks; frequent naps are helpful.

- For the first three or four weeks, you should avoid any activity that increases blood flow to the eyes, including bending, lifting, crying and sports. Your surgeon will let you know when you are ready for exercise. Also avoid drinking alcohol, which can lead to fluid retention and delay recovery.

[back to top](#)

-Preparation-

Passport and Visa

- Plastic surgery thailand - Lower eyelid surgery with Dr. Saran Wannachamras bangkok, Thailand.
- Please forward the copy of your passport to us before the arriving date.
- US citizens can call San Francisco information (415) 744-4444 or you can search under "U.S. Government offices" in the white pages to find the phone number of your local passport office.
- For most tourists, a stay of no more than 30 days does not require a VISA. For further information on Thailand's entry/exit requirements, please contact the Thai consulate in your country or your travel agent.

Flight Arrangement

- Our recommended airlines are Thai International, Northwest, Lufthansa, Singapore, and EVA which has wide seats.

Expenses

- If you are HIV positive, then you are a risk to hospital personel. For this reason you need to pay an extra 30% to the original charge.

Airport Immigration and Customs

- Please present the supporting documents confirming the scheduled operation upon request. Please do not carry any unnecessary drugs or dangerous objects in your luggage.

Appointment

- The operation can be arranged once you have all required papers ready. Just inform us of your earliest convenient date prior to arrival, either by [clicking here](#) to contact us via e-mail.

[back to top](#)

-Frequently Asked Questions-

FAQ : Surgical Procedure

How much pain is there?

Initially, you may feel a tight sensation around the eyes, with minor discomfort that lasts for a day or two. A mild pain reliever can be taken as needed. People who have had the procedure are often surprised at how painless eyelid surgery can be. Many times, isolated eyelid surgery can be performed under local anesthesia with a total recovery time as short as 7 to 10 days. (Recovery time varies from person to person.)

Are there scars from the blepharoplasty procedure?

Scars are a result of any surgical procedure. The incisions made to accomplish the goals of the procedure are barely visible after several months as they are placed within the normal creases and folds of the upper and lower eyelids. In patients who only need removal of fat from the lower eyelids, the incision can be made on the inside of the eyelid, and will therefore result in an invisible scar.

FAQ : Result

What are the goals of blepharoplasty?

A properly performed blepharoplasty procedure will brighten the face and restore a more youthful appearance. In some patients the procedure will improve vision by removing the excessive skin of the upper eyelids which can hang down and interfere with peripheral vision.

What are some of the most common benefits of this surgery?

Lower eyelid blepharoplasty can make a remarkable difference in the appearance of the face, alleviating the appearance of tiredness and old age by eliminating the excess, wrinkly skin beneath the eyes. The eyes appear fresher and more youthful, and the results may last for many years. The degree of improvement varies from patient to patient.

Important note: Lower eyelid blepharoplasty will not eliminate dark circles, fine lines or wrinkles around the eyes, or alter sagging eyebrows. To enhance the results of your eyelid procedure, your doctor may also recommend:

- 1.) a brow lift to correct a drooping brow and smooth the forehead
- 2.) a facelift for saggy jowls, and/or
- 3.) skin resurfacing to eliminate fine lines.

What is the long-term outcome like for most people?

The more alert, youthful look that this surgery provides is usually long lasting. Thin scars may remain slightly pink for six months or so, but can easily be concealed with makeup. They eventually fade to a thin, nearly invisible white line. The removal of fat is permanent, but the looseness of the skin and fine wrinkling of the eyelid area may return in the future. Even though the aging process continues, patients are usually happy with their appearance for many years following eyelid surgery. Some patients find that they want to make additional improvements at a later time. If continued loss of skin tone in the forehead later causes sagging of the eyebrows, a forehead lift or second eyelid procedure may be performed.

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How long will the results last?

The results of aesthetic surgery are long-lasting, but they may be affected by your heredity and lifestyle factors. Removal of fat from your eyelids, which is usually the cause of puffiness and bags, is permanent, and these conditions generally will not recur. The skin continues to age, however, and skin laxity along with fine wrinkling of the eyelid area may, at some point, return. Sometimes loss of tone in the forehead causes additional sagging of the eyebrows which mimics a recurrence of drooping upper eyelids. If this

happens, correction may require a forehead lift or a secondary eyelid procedure.

FAQ : Criteria

Who is a candidate for Upper Eyelid Surgery ?

Any one of the following conditions may indicate that you are a good candidate for eyelid surgery :

- Excess skin obscuring the natural fold of the upper eyelids.
- Loose skin hanging down from the upper eyelids, perhaps impairing vision.
- A puffy appearance to the upper eyelids, making the eyes look tired.
- Excess skin and fine, crepey wrinkles of the lower eyelids.
- Droopiness of the lower eyelids, showing white below the iris (colored portion of the eye).
- Bags and dark circles under the eyes, often with a depression along the bony border of the lower eyelids.

FAQ : Surgical Procedure

What is a blepharoplasty?

Blepharoplasty or more commonly known as cosmetic surgery of the eyes, is a common procedure that is performed to adjust the contour and skin patterns around the eyes. Whether is be from exposure to sunlight, genetics or age, blepharoplasty, along with other procedures such as brow and forehead lifts, can reduce the amount of wrinkles, lines and puffiness sometimes caused by these conditions. The main process of blepharoplasty involves removing excess skin and fat from the upper and lower eyelids.

How will my surgeon evaluate me for aesthetic eyelid surgery?

You should come to the consultation prepared to discuss your medical history including previous surgeries, past and present medical conditions and current medication. It is important for you to provide complete information. High blood pressure, thyroid problems or diabetes are among the medical conditions that may increase the risks associated with eyelid surgery. You will be asked if allergies, especially if they affect your eyes. You will be asked whether you have ever tried and were unable to wear contact lenses. If you currently wear glasses or contact lenses, you should bring them with you. It will be necessary for your surgeon to know if you were ever told by an ophthalmologist that you have a condition called "dry eye" or if you have any other problem with your eyes. One of several surgical techniques may be suggested to improve the appearance of your eyelids. The particular technique that will be recommended will depend on many factors such as the amount of excess fat and skin in the eyelid areas, the position of your eyebrows, and the condition of the muscles around your eyes.

What is done to improve the appearance of my Lower Eyelids?

For lower eyelid surgery, often an incision is hidden just below the lower lashes. Through this incision, excess skin, muscle and fat are removed, or fat may be redistributed to eliminate puffiness or bulges. Other adjustments to correct special problems such as muscle laxity may be performed. As in upper eyelid surgery, the incision is well camouflaged by natural creases. In some cases, it may be decided that the best approach for removing excess fat is through an incision placed inside the lower eyelid. This technique requires no external incision, but it cannot be used to remove excess skin. A laser may sometimes be used in conjunction with this method to tighten the lower eyelid skin.

How much pain is there?

Initially, you may feel a tight sensation around the eyes, with minor discomfort that lasts for a day or two. A mild pain reliever can be taken as needed. People who have had the procedure are often surprised at how painless eyelid surgery can be. Many times, isolated eyelid surgery can be performed under local anesthesia with a total recovery time as short as 7 to 10 days. (Recovery time varies from person to person.)

How is the eyelid surgery performed?

Eyelid surgery is usually performed using local anesthesia and light intravenous sedation. It is commonly done in a doctor's office, outpatient surgical center or, in some cases, in a hospital. Eyelid surgery is most often performed on an outpatient basis.

Are there scars from the eyelid surgery procedure?

Scars are a result of any surgical procedure. The incisions made to accomplish the goals of surgery of the eyelids are barely visible after several months as they are placed within the normal creases and folds of the upper and lower eyelids. In patients who only need removal of fat from the lower eyelids, the incision can be made on the inside of the eyelid, and will therefore result in an invisible scar.

FAQ : Post Operative

When can I resume my normal activities?

Straining, bending and lifting should be avoided during the early postoperative period. In many instances, however, you will be able to resume most of your normal activities in ten days or less. Although you might feel like going back to work just a few days after surgery, your vision may still be slightly blurry which could make reading or other paperwork more difficult. You should not wear contact lenses for a week or two.

How will I look and feel initially?

It is important to realize that the amount of time it takes for recovery varies greatly among individuals. The first evening after surgery, you should rest quietly with your head elevated. You may be instructed to apply cold compresses to your eyelids. Remember, you must not take aspirin or certain anti-inflammatory medications. Initially, you may feel a "tight" sensation around the eyes and some mild discomfort that can be controlled with oral medication. During the first 48 hours following surgery, patients experience varying degrees of swelling and bruising. Some patients find that mild swelling persists for several weeks, while others may be seen swelling resolve in as little as one week. Bruising typically disappears within seven to ten days. Within the first week you will be permitted to use makeup, if desired, to conceal any discoloration. Stitches are usually removed within a week of surgery. Your vision may continue to be somewhat blurry for a few days or longer. Your eyes may be temporarily sensitive to light, and you may experience excess tearing or dryness. You may be recommended eyedrops to help relieve any burning or itching. You may want to wear dark glasses for a couple of weeks to protect your eyes from wind and sun irritation.

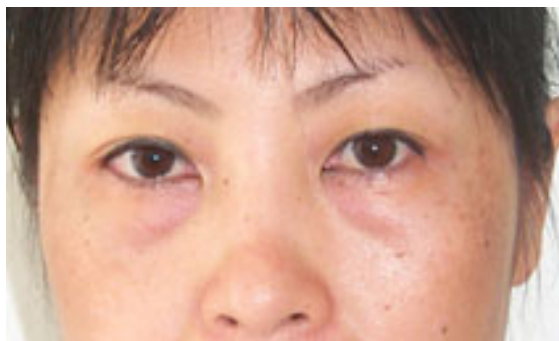
Will the fine wrinkles around my eyes go away after blepharoplasty? What about my sagging eyebrows and dark circles under my eyes?

The blepharoplasty procedure will not eradicate the wrinkles around the eyes (crow s feet) nor will it elevate droopy eyebrow. There are other procedures designed for these purposes. Dark circles under the eyes may improve a bit if this is related to large bags , but most often the dark appearance of the lower eyelid skin remains.

[back to top](#)

-Photo Gallery-

Plastic Surgery Thailand : Lower Eyelid Surgery



Useful Links

[Dr.Preecha Tiewtranon - PREECHA AESTHETIC INSTITUTE \(PAI\)](#)

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[Sexual Reassignment Surgery](#)

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