



Upper Eyelid Surgery

Type of Procedure : **Facial and Head Contouring** (Plastic Surgery Thailand)

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Plastic Surgery Thailand - Upper Eyelid Surgery

Transsexual Sex reassignment surgery/Sex change surgery

"Vaginoplasty (sex reassignment surgery/sex change surgery) is a dramatic and irrevocable final step in male to female gender transition. This step is usually taken only after the deepest introspection and counselling regarding all the options. For those needing complete gender correction, this surgery is a life saving and life enhancing miracle, and can enable them to live a full and joyous life afterwards."

<http://ai.eecs.umich.edu/people/conway/TS/SRS.html>

-Service Inclusions-

Surgical Fee

- Doctor fee
- Clinical interview/surgery consultation

Post Operative Care

- Cold compression should apply after surgery for the first few hours.
- Postoperative check-up at the Institute on a follow up appointment.
- There is no extra cost if any correction or additional checkups are required.

Travel Arrangement

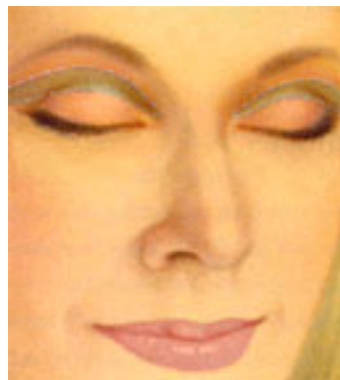
- Hotel booking and free transportation between airport and hospital.

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-Facts at a glance-

Surgical Procedure

• The upper eyelid incision is made in the natural skin fold. Excess skin and fatty tissue is removed, the muscles and orbital septum (a thin connective tissue membrane) may be tightened, and the incisions are carefully closed. The external incisions are hidden within the natural fold of the upper eyelids. Much of the operation is done with a very fine electrocautery, which controls any bleeding. The skin is then closed with very fine sutures.



Duration of Operation

- One hour

Risks and Complications

- When eyelid surgery is performed by a qualified plastic surgeon, complications are infrequent and usually minor. Nevertheless, there is always a possibility of complications, including , bleeding, infection or a reaction to the anesthesia. You can reduce your risks by closely following your surgeon's instructions both before and after surgery.
- The minor complications that occasionally follow blepharoplasty include double or blurred vision for a few days; temporary swelling at the corner of the eyelids; and a slight asymmetry in healing or scarring. Tiny whiteheads may appear after your stitches are taken out; your surgeon can remove them easily with a very fine needle.
- Following surgery, some patients may have difficulty closing their eyes when they sleep; in rare cases this condition may be permanent. Another very rare complication is ectropion, a pulling down of the lower lids. In this case, further surgery may be required.

After Care

- After surgery, the surgeon will probably lubricate your eyes with ointment and may apply a bandage. Your eyelids may feel tight and sore as the anesthesia wears off, but you can control any discomfort with the pain medication prescribed by your surgeon. If you feel any severe pain, call your surgeon immediately.
- Your surgeon will instruct you to keep your head elevated for several days, and to use cold compresses to reduce swelling and bruising. (Bruising varies from person to person: it reaches its peak during the first week, and generally lasts anywhere from two weeks to a month.) You'll be shown how to clean your eyes, which may be gummy for a week or so. Many doctors recommend eyedrops, since your eyelids may feel dry at first and your eyes may burn or itch. For the first few weeks you may also experience excessive tearing, sensitivity to light, and temporary changes in your eyesight, such as blurring or double vision.
- Your surgeon will follow your progress very closely for the first week or two. The stitches will be removed two days to a week after surgery. Once they're out, the swelling and discoloration around your eyes will gradually subside, and you'll start to look and feel much better.

Recovery

- At first the incisions will probably be red and somewhat bumpy. Eventually, the resulting scar should become flat and inconspicuous. Your sutures (stitches) will be removed sometime within the first week.
- The swelling and discoloration around your eyes will gradually subside, and you'll start to look and feel better each day. Swelling and bruising varies considerably from person to person. Bruising typically disappears within seven to ten days. Within the first week you will be permitted to use makeup, if desired, to conceal any discoloration.
- Your vision may continue to be somewhat blurry for a few days or longer. Your eyes may be temporarily sensitive to light, and you may experience excess tearing or dryness. You may receive eyedrops to help relieve any burning or itching.

Results

- Upper eyelid blepharoplasty can make a remarkable difference in the appearance of the face, alleviating the appearance of tiredness and old age. The eyes appear fresher and more youthful, and these results may last for many years. The degree of improvement varies from patient to patient.

Hospital Admission

- This depends on your preferences as well as your surgeon's. Upper eyelid blepharoplasty can be performed on an out patient basis, in the hospital, or in an ambulatory surgical suite under either general or local anesthesia.

Anesthetic

- General or Local Anesthesia.

Pre Operative Care

- Inform us about any allergies, any serious medical condition(s), and all medications you are taking (both prescription and non-prescription).

- Avoid aspirin and aspirin-containing medicines for two weeks prior to surgery.

Post Operative Care

- For the first week, you'll need to avoid activities that dry the eyes, including reading, watching television, wearing contacts, and using a computer. Also avoid excessive blinking, which leads to increased swelling. You should also wear dark sunglasses for a couple of weeks to protect your eyes from wind and sun irritation. The eyes may tire easily for several weeks; frequent naps are helpful.
- For the first three or four weeks, you should avoid any activity that increases blood flow to the eyes, including bending, lifting, crying and sports. Your surgeon will let you know when you are ready for exercise. Also avoid drinking alcohol, which can lead to fluid retention and delay recovery.

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-Preparation

Passport and Visa

- Plastic surgery thailand - Upper eyelid surgery with Dr. Saran Wannachamras bangkok, Thailand.
- Please forward the copy of your passport to us before the arriving date.
- US citizens can call San Francisco information (415) 744-4444 or you can search under "U.S. Government offices" in the white pages to find the phone number of your local passport office.
- For most tourists, a stay of no more than 30 days does not require a VISA. For further information on Thailand's entry/exit requirements, please contact the Thai consulate in your country or your travel agent.

Flight Arrangement

- Our recommended airlines are Thai International, Northwest, Lufthansa, Singapore, and EVA which has wide seats.

Expenses

- If you are HIV positive, then you are a risk to hospital personel. For this reason you need to pay an extra 30% to the original charge.

Airport Immigration and Customs

- Please present the supporting documents confirming the scheduled operation upon request. Please do not carry any unnecessary drugs or dangerous objects in your luggage.

Appointment

- The operation can be arranged once you have all required papers ready. Just inform us of your earliest convenient date prior to arrival, either by [clicking here](#) to contact us via e-mail.

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-Frequently Asked Questions

FAQ : Surgical Procedure

How much pain is there?

Initially, you may feel a tight sensation around the eyes, with minor discomfort that lasts for a day or two. A mild pain reliever can be taken as needed. People who have had the procedure are often surprised at how painless eyelid surgery can be. Many times, isolated eyelid surgery can be performed under local anesthesia with a total recovery time as short as 7 to 10 days. (Recovery time varies from person to person.)

Are there scars from the blepharoplasty procedure?

Scars are a result of any surgical procedure. The incisions made to accomplish the goals of the procedure are barely visible after several months as they are placed within the normal creases and folds of the upper and lower eyelids. In patients who only need removal of fat from the lower eyelids, the incision can be made on the inside of the eyelid, and will therefore result in an invisible scar.

FAQ : Result

What are the goals of blepharoplasty?

A properly performed blepharoplasty procedure will brighten the face and restore a more youthful appearance. In some patients the procedure will improve vision by removing the excessive skin of the upper eyelids which can hang down and interfere with peripheral vision.

What are some of the most common benefits of this surgery?

Upper eyelid blepharoplasty can make a remarkable difference in the appearance of the face, alleviating the appearance of tiredness and old age. The eyes appear fresher and more youthful, and these results may last for many years. The degree of improvement varies from patient to patient.

What is the long-term outcome like for most people?

The more alert, youthful look that this surgery provides is usually long lasting. Thin scars may remain slightly pink for six months or so, but can easily be concealed with makeup. They eventually fade to a thin, nearly invisible white line. The removal of fat is permanent, but the looseness of the skin and fine wrinkling of the eyelid area may return in the future.

Even though the aging process continues, patients are usually happy with their appearance for many years following eyelid surgery. Some patients find that they want to make additional improvements at a later time. If continued loss of skin tone in the forehead later causes sagging of the eyebrows, a forehead lift or second eyelid procedure may be performed.

How long will the results last?

The results of aesthetic surgery are long-lasting, but they may be affected by your heredity and lifestyle factors. Removal of fat from your eyelids, which is usually the cause of puffiness and bags, is permanent, and these conditions generally will not recur. The skin continues to age, however, and skin laxity along with fine wrinkling of the eyelid area may, at some point, return. Sometimes loss of tone in the forehead causes additional sagging of the eyebrows which mimics a recurrence of drooping upper eyelids. If this happens, correction may require a forehead lift or a secondary eyelid procedure.

FAQ : Criteria

Who is a candidate for Upper Eyelid Surgery ?

Any one of the following conditions may indicate that you are a good candidate for eyelid surgery :

- Excess skin obscuring the natural fold of the upper eyelids.
- Loose skin hanging down from the upper eyelids, perhaps impairing vision.
- A puffy appearance to the upper eyelids, making the eyes look tired.
- Excess skin and fine, crepey wrinkles of the lower eyelids.
- Droopiness of the lower eyelids, showing white below the iris (colored portion of the eye).
- Bags and dark circles under the eyes, often with a depression along the bony border of the lower eyelids.

FAQ : Surgical Procedure

What is a blepharoplasty?

Blepharoplasty or more commonly known as cosmetic surgery of the eyes, is a common procedure that is performed to adjust the contour and skin patterns around the eyes. Whether is be from exposure to sunlight, genetics or age, blepharoplasty, along with other procedures such as brow and forehead lifts, can reduce the amount of wrinkles, lines and puffiness sometimes caused by these conditions. The main process of blepharoplasty involves removing excess skin and fat from the upper and lower eyelids.

How will my surgeon evaluate me for aesthetic eyelid surgery?

You should come to the consultation prepared to discuss your medical history including previous surgeries, past and present medical conditions and current medication. It is important for you to provide complete information. High blood pressure, thyroid problems or diabetes are among the medical conditions that may increase the risks associated with eyelid surgery. You will be asked if allergies, especially if they affect your eyes. You will be asked whether you have ever tried and were unable to wear contact lenses. If you currently wear glasses or contact lenses, you should bring them with you. It will be necessary for your surgeon to know if you were ever told by an ophthalmologist that you have a condition called "dry eye" or if you have any other problem with your eyes. One of several surgical techniques may be suggested to improve the appearance of your eyelids. The particular technique that will be recommended will depend on many factors such as the amount of excess fat and skin in the eyelid areas, the position of your eyebrows, and the condition of the muscles around your eyes.

How is my plastic surgeon able to improve the appearance of my Upper Eyelids?

For upper eyelid surgery, generally an incision is hidden within the natural fold of the upper eyelid and extends slightly beyond the outside corner into the laugh lines or other existing creases. Through this incision, excess skin and fatty tissue are removed. Because the incision follows the natural contour of the upper eyelid, it will be well camouflaged when healed.

How much pain is there?

Initially, you may feel a tight sensation around the eyes, with minor discomfort that lasts for a day or two. A mild pain reliever can be taken as needed. People who have had the procedure are often surprised at how painless eyelid surgery can be. Many times, isolated eyelid surgery can be performed under local anesthesia with a total recovery time as short as 7 to 10 days. (Recovery time varies from person to person.)

How is the eyelid surgery performed?

Eyelid surgery is usually performed using local anesthesia and light intravenous sedation. It is commonly done in a doctor's office, outpatient surgical center or, in some cases, in a hospital. Eyelid surgery is most often performed on an outpatient basis.

Are there scars from the eyelid surgery procedure?

Scars are a result of any surgical procedure. The incisions made to accomplish the goals of surgery of the eyelids are barely visible after several months as they are placed within the normal creases and folds of the upper and lower eyelids. In patients who only need removal of fat from the lower eyelids, the incision can be made on the inside of the eyelid, and will therefore result in an invisible scar.

FAQ : Post Operative

When can I resume my normal activities?

Straining, bending and lifting should be avoided during the early postoperative period. In many instances, however, you will be able to resume most of your normal activities in ten days or less. Although you might feel like going back to work just a few days after surgery, your vision may still be slightly blurry which could make reading or other paperwork more difficult. You should not wear contact lenses for a week or two.

How will I look and feel initially?

It is important to realize that the amount of time it takes for recovery varies greatly among individuals. The first evening after surgery, you should rest quietly with your head elevated. You may be instructed to apply cold compresses to your eyelids. Remember, you must not take aspirin or certain anti-inflammatory medications. Initially, you may feel a "tight" sensation around the eyes and some mild discomfort that can be controlled with oral medication. During the first 48 hours following surgery, patients experience varying degrees of swelling and bruising. Some patients find that mild swelling persists for several weeks, while others may be seen swelling resolve in as little as one week. Bruising typically disappears within seven to ten days. Within the first week you will be permitted to use makeup, if desired, to conceal any discoloration. Stitches are usually removed within a week of surgery. Your vision may continue to be somewhat blurry for a few days or longer. Your eyes may be temporarily sensitive to light, and you may experience excess tearing or dryness. You may be recommended

eyedrops to help relieve any burning or itching. You may want to wear dark glasses for a couple of weeks to protect your eyes from wind and sun irritation.

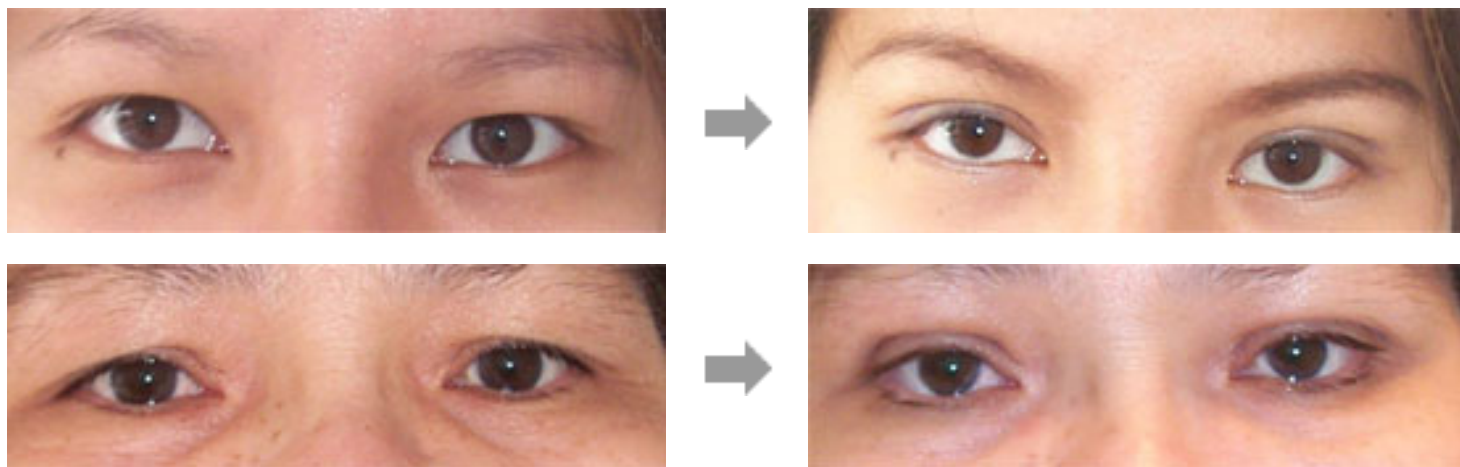
Will the fine wrinkles around my eyes go away after blepharoplasty? What about my sagging eyebrows and dark circles under my eyes?

The blepharoplasty procedure will not eradicate the wrinkles around the eyes (crow s feet) nor will it elevate droopy eyebrow. There are other procedures designed for these purposes. Dark circles under the eyes may improve a bit if this is related to large bags , but most often the dark appearance of the lower eyelid skin remains.

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-Photo Gallery

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