



Rhinoplasty Augmentation

Type of Procedure : **Facial and Head Contouring** (Plastic Surgery Thailand)

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Plastic Surgery Thailand - Rhinoplasty Augmentation

Transsexual Sex reassignment surgery/Sex change surgery

"Vaginoplasty (sex reassignment surgery/sex change surgery) is a dramatic and irrevocable final step in male to female gender transition. This step is usually taken only after the deepest introspection and counselling regarding all the options. For those needing complete gender correction, this surgery is a life saving and life enhancing miracle, and can enable them to live a full and joyous life afterwards."

<http://ai.eecs.umich.edu/people/conway/TS/SRS.html>

-Service Inclusions-

Surgical Fee

- Doctor fee
- Clinical interview/surgery consultation

Post Operative Care

- All medicine supplies: cold pack, medications.
- Postoperative check-up at the Institute on a follow up appointment.
- Additional check-ups and corrective surgery if necessary at no extra cost.

Travel Arrangements

- Hotel booking and free transportation between airport and hospital.
- Plastic Surgery Thailand - Rhinoplasty Augmentation with Dr. Saran Wannachamras bangkok, Thailand.

[back to top](#)

-Facts at a glance-

Surgical Procedure

• The incisions are placed on the rim of the alar of nose. Soft tissues of the nose are then separated from the underlying structures, the bone and cartilage are then reshaped and the skin re-draped over the surface. Patients who have a deviated septum may benefit by correction of this problem at the time of surgery.

Duration of Operation

- Two hours.

Risks and Complications

- When rhinoplasty is performed by a qualified plastic surgeon, complications are infrequent and usually

minor. Nevertheless, there is always a possibility of complications, including infection, nosebleed, or a reaction to the anesthesia. You can reduce your risks by closely following your surgeon's instructions both before and after surgery.

- After surgery, small burst blood vessels may appear as tiny red spots on the skin's surface; these are usually minor but may be permanent. As for scarring, when rhinoplasty is performed from inside the nose, there is no visible scarring at all; when an "open" technique is used, or when the procedure calls for the narrowing of flared nostrils, the small scars on the base of the nose are usually not visible.

After Care

- The nose will be covered with either plaster or a light metal or plastic splint to maintain the position of the nasal bones.

Recovery

- Most rhinoplasty patients are up and about within two days, and able to return to school or sedentary work a week or so following surgery. It will be several weeks, however, before you're entirely up to speed.

Result

- Your nose will begin to look better and your spirits will improve. Within a week or two, you'll no longer look as if you've just had surgery.

Hospital Admission

- Most patients do not need to stay in the hospital overnight.

Anesthetic

- The operation is done under either local anesthetic (you are awake) or general anesthetic (you are asleep). Most patients are happier when they are asleep. You can choose. Most of the time this is an outpatient operation and a stay in the hospital is not needed.

Pre Operative Care

- Inform us about any allergies, any serious medical condition(s), and all medications you are taking (both prescription and non-prescription).
- Avoid aspirin and aspirin-containing medicines for two weeks prior to surgery.

Post Operative Care

- Your surgeon will give you more specific guidelines for gradually resuming your normal activities.
- You will still need to be careful to not blow your nose for about two weeks, and avoid bumps to the nose for about six weeks. Eyeglasses should be taped to the forehead, off the bridge of the nose, for the first month. Avoid strenuous activity (jogging, swimming, bending, sexual relations-any activity that increases your blood pressure) for two to three weeks. Avoid hitting or rubbing your nose, or getting it sunburned, for eight weeks. Be gentle when washing your face and hair or using cosmetics.

[back to top](#)

-Preparation-

Passport and Visa

- Rhinoplasty Augmentation with Dr. Saran Wannachamras bangkok, Thailand.
- Please forward the copy of your passport to us before the arriving date.
- US citizens can call San Francisco information (415) 744-4444 or you can search under "U.S. Government offices" in the white pages to find the phone number of your local passport office.
- For most tourists, a stay of no more than 30 days does not require a VISA. For further information on Thailand's entry/exit requirements, please contact the Thai consulate in your country or your travel agent.

Flight Arrangement

- Our recommended airlines are Thai International, Northwest, Lufthansa, Singapore, and EVA which has wide seats.

Expenses

- If you are HIV positive, then you are a risk to hospital personnel. For this reason you need to pay an extra 30% to the original charge.

Airport Immigration and Customs

- Please present the supporting documents confirming the scheduled operation upon request. Please do not carry any unnecessary drugs or dangerous objects in your luggage.

Appointment

- The operation can be arranged once you have all the required papers ready. Just inform us of your earliest convenient date prior to arrival, either by [clicking here](#) to contact us via e-mail.

[back to top](#)

-Frequently Asked Questions

FAQ : Criteria

Who is a candidate for Rhinoplasty?

Some of the indications that you may be a good candidate for rhinoplasty are :

- Your nose appears too large for your face.
- There is a bump on the nasal bridge when viewed in profile.
- Your nose seems too wide when viewed from the front.
- The nasal tip droops or plunges.
- The tip is thickened or enlarged.
- Your nostrils are excessively flared.
- Your nose is off-center or crooked.
- Previous injury has made your nose asymmetrical.

FAQ : Surgical Procedure

What is Rhinoplasty?

Rhinoplasty is one of the most common and frequently performed cosmetic procedures performed. Surgery of the nose is performed to reconstruct the shape of the nose from either the frontal view or the profile. Reasons for this surgery can include removal of bumps, reducing the size, correcting the angle or reconstructing the nose following a traumatic injury. The procedure can also help alleviate nasal obstructions. Rhinoplasty is usually not performed on patients until the mid-teen years when the growth cycle is complete.

Where your surgery will be performed?

Rhinoplasty may be performed in a surgeon's office-based facility, an outpatient surgery center, or a hospital. It's usually done on an outpatient basis, for cost containment and convenience. Complex procedures may require a short inpatient stay.

Where are the incisions?

Most of the incisions are hidden within the nostrils or inside the upper lip. Sometimes tiny puncture wounds are made through the skin itself. When we trim the nasal ala, a skin incision is made. It is placed so that the scar is camouflaged by the groove where the "wing" of the nostril meets the cheek. An incision may be made across the columella.

What should I expect following the procedure?

After the procedure is complete a small splint is applied to the nose as well as some packing may be placed in the nares to help control bleeding. The packing is usually removed within a day or two. Even

after the packing is removed you may experience some stuffiness especially if the procedure involved the nasal septum. The doctor will advise you on how long you must wait until you are able to blow your nose. Any pain you experience will be mild to moderate and can be controlled by oral medications. There will be some swelling and bruising around the eyes and nose. The bruising around the eyes should begin to disappear within a few days but it may take two to three weeks for all the discoloration to go away. The swelling will begin to go down after a few weeks also, but it may take up to three or four months for minor swelling to go completely away. Swelling can be reduced by keeping your head elevated and possibly applying cold packs to the swollen areas. Although most people are up and around the day following the surgery, you must exercise great caution and protect your nose from any injury. Strenuous exercise should be avoided for several weeks along with any other activities that may cause a rise in your blood pressure. If you wear glasses it is advised that you adjust them so they do not sit on the healing areas of the nose. If you have contacts, it is advised that you wear them during your healing process.

FAQ : Result

What can I expect postoperatively?

After surgery the patient will have a stuffy, swollen nose and puffy eyes. Usually there will be black and blue bruising of the face, eyes and nose. A splint will be taped on the nose for about five days. If surgery is done for airway obstruction, packs may be placed in the nostrils. The majority of the swelling will disappear in one week and the discoloration in two weeks, after which time the patient appears quite presentable. There is always a small amount of residual swelling, which gradually subsides over a period of several months. Healing is not considered complete for at least six months, and small changes can take place even after this period of time. Usually, it takes several months for the nasal bones to heal. Before they heal, they have a tendency to drift apart or to drift to one side or the other. We push these drifting bones back into their correct position at the time of your clinic visits. We will instruct you to do the same, using finger pressure.

What will my nose look like after surgery?

In general, rhinoplasty, cosmetic nose surgery, is designed to reduce excess cartilage and bone in the nose, removing irregularities and bumps to give a straightened, smooth and, usually, smaller appearance. Adding tissue to enhance certain features of the nose can also occur. The overall trend in modern rhinoplasty is away from over-reduction of tissue which can reduce the ability to breathe through the nose and towards individualized treatment of each segment of the nose to give a balanced and refined look without compromising function.

I have trouble breathing through my nose and have terrible sinus problems. Will my insurance policy pay for rhinoplasty?

The condition described is usually associated with a deviated septum or a bent internal framework of the nose. Most of the time this results from trauma such as a broken nose but many patients with this condition cannot recall an episode where this might have occurred. The condition described in this question however, could also result from allergies or the two conditions can exist simultaneously. Careful examination is needed before surgery to separate the two conditions. While individual insurance policies can vary, in general, functional surgery to improve breathing is considered a covered benefit in many group policies. If additional correction of a cosmetic deformity of the nose is done at the same time the cost of this part of the procedure is usually not covered by insurance.

Is there a lot of bruising afterwards and how long will it last?

This depends again on how complex the procedure is, but in general most patients experience five to seven days of purple discoloration and swelling around the eyes and upper cheeks. The nose itself will be swollen for around ten to fourteen days or longer, but subtle resolution of the swelling at the tip of the nose can take many months after surgery to go away.

FAQ : Risk and Complication

Will my nose grow after surgery?

In general, our noses tend to elongate as we enter the middle years of our life and drooping of the tip of the nose can occur in the later years as elasticity disappears from the body. While undergoing a cosmetic

rhinoplasty as a teenager or young adult will not prevent the effects of aging on the nose, the final shape that results from this surgery is expected to last a lifetime and regrowth of bumps and deformities corrected by the operation is a rare occurrence.

[back to top](#)

-Photo Gallery-

Rhinoplasty Augmentation : Alaplasty





[back to top](#)

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