



Sigmoid Colon

Type of Procedure : **Sex Reassignment Surgery (SRS)**

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Sex Change Surgery Sigmoid Colon

Transsexual Sex Reassignment Surgery

"Vaginoplasty (sex reassignment surgery/sex change surgery) is a dramatic and irrevocable final step in male to female gender transition. This step is usually taken only after the deepest introspection and counselling regarding all the options. For those needing complete gender correction, this surgery is a life saving and life enhancing miracle, and can enable them to live a full and joyous life afterwards."

<http://ai.eecs.umich.edu/people/conway/TS/SRS.html>

-Service Inclusions-

Surgical Fee

- Pre-surgery night and five nights recuperation in hospital.
- Doctor's fee
- Clinical interview /surgery consultation
- Surgical & anesthesia fee

Post Operative Care

- Medicine supplies: SRS Kit, Donut pillow, two sizes of dilator, douche kit and one dozen medical grade lubricants.
- Post operative check-up at the hospital during recuperation.

Guaranteed Satisfaction

- There is no extra cost if any correction or additional checkups are require. All post-operative aftercare throughout the patient's lives are provided without cost.

Travel Arrangements

- Hotel booking and free Transportation between airport and hospital.
- Half day leisure tour with guide (exclusive of meals and transportation).
- Sex reassignment surgery with Dr. Saran Wannachamras bangkok, Thailand.

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-Facts at a glance-

Criteria

- Vaginal stenosis, shortening after SRS (sex reassignment surgery).
- Very short penile skin (less than one inch).
- The patient is healthy and not over weighed.

Surgical Procedure

- The bowels are prepared mechanically, the patient is placed in lithotomy. A simultaneous abdominal and perineal approach are operated by two specialized surgeons (the general / plastic surgeon and the abdominal surgeon), then the abdominal surgeon prepares the bowel through the short low Pfannenstiel incision. The sex reassignment surgery sigmoid colon is isolated about 15-20-cm-long, with the vascular pedicle from the inferior mesenteric and superior hemorrhoidal system, the remaining two ends of the colon is anastomosed by the continuance, one layer closure. The plastic surgeon starts the perineal dissection by transversely incising the end pouch of the penile skin or the end of vaginal mucosa in the case of vaginal atresia. The dissection is carried out by electrocautery, by palpating the urethral catheter anterior up to the retrobladder properitoneal space and the peritoneum is incised and enlarged. The general surgeon deliver the colon through the peritoneal opening after closing the proximal end, generally the rectosigmoid opening could be pulled down to the perineal skin without any tension, the anastomosis is made to the vaginal skin cuff at 1- 2 inches from the perineum, using the interrupted chronic catgut.

Duration of Operation

- Three hours

Possible Risks and Side Effects

- Usually there is no wound infection, no intra abdominal complications, such as infection, peritonitis, obstruction, ileus, leakage of the anastomosis. The patients are lubricated vaginal canal. The mucous discharge is usually excessive during the first few months and later subsided. The vaginal atresia patients menstruate through the newly constructed colonic vagina and the short low Pfannenstiel incision was well camouflaged by underwear bikini.

After Care

- Use dilator 15 minutes twice daily for six months; sexual intercourse is allowed after three weeks, patients have to wear tampon all the time for 3 months (due to exercise mucous discharge) and vaginal douche daily.

Recovery

- You need to stay recuperate near the surgeon around 10-14 days at least before safely flying home, also required 4-6 weeks recuperate at home before returning to work, the neovagina can function and sexual intercourse within 4 weeks.

Sigmoid Colon Results

- Advantages:

1. Self-lubricated
2. Early sexual intercourse.
3. Very long length of vagina can accommodate penis to 8 – 10 inches.
4. Very rarely contracted or stenosed if very well cares.

- Disadvantages:

1. Extra cost due to one more abdominal surgeon to open the abdomen.
2. Higher risks of abdominal and bowel surgery, can be serious in the inexperienced surgeon.
3. Need more experienced surgeon.
4. Excessive mucous discharge, swelling in the first 6 months.

Hospital Admission

- Five to seven nights admission to hospital.

Anesthetic

- You can choose general anesthesia (you are asleep) or epidural or spinal anesthesia.

Post Operative Care

- After release from Hospital patient must follow patient instructions, including:
 - (1) Dilating is the most important thing you can do to ensure the success of your surgery. If the patient does not dilate responsibly, this can result in the shortening of depth and width of the newly made vagina because of the scar contracture.
 - (2) Failure to dilate properly can result in serious injury. You will be instructed to gently dilate into the right direction after the vaginal packing is removed.
 - (3) Dilation can be painful for the first weeks, but is essential for developing maximum depth and ensuring post operative functioning of the neovagina.
- Sex reassignment surgery with Dr. Saran Wannachamras bangkok, Thailand.
- During the recovery period, after each dilation session: The wound should be washed gently with Hibiscrub (pink colour) in the shower followed by douching while seated in the toilet:
 - (i) douche proportion = 5-10 ml (cc) of Betadine solution mixed with bottled water until container is full;
 - (ii) insert the douche to full depth, squeeze, and hold tightly the container;
 - (iii) while holding tightly the container, extract the douche;
 - (iv) keep the wound dry and apply Betadine solution with cotton balls; and
 - (v) apply Kemicitine ointment with a cotton applicator. If there is some bleeding, press or apply pressure with a dry cotton ball to the site for 15 minutes. During the first weeks after surgery, feminine napkins (tampons) should be changed several times per day due to normal vaginal bleeding during recovery.

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-Preparation-

Pre Operative Care

- Need to prepare the bowel cleansing one week before surgery by daily enema, loxative.
- Liquid diet 3 days before surgery.
- Antibiotics 48 hours before surgery.
- Inform us about any allergies, any serious medical condition(s), and all medications you are taking (both prescription and non-prescription).
- Tell your doctor if you have any serious medical condition(s).
- Avoid aspirin, ibuprofen (Advil, etc) , and vitamin E for 2 weeks prior
- Refrain from smoking 2 weeks before and 4 weeks after surgery
- Plan to be in Thailand 10-14 days altogether.

Passport and Visa

- Please forward the copy of your passport to us before the arriving date.
- US citizens can call San Francisco information (415) 744-4444 or you can search under "U.S. Government offices" in the white pages to find the phone number of your local passport office.
- For most tourists, a stay of no more than 30 days does not require a VISA. For further information on Thailand's entry/exit requirements, please contact the Thai consulate in your country or your travel agent.

Flight Arrangement

- Our recommended airlines are Thai International, Northwest, Lufthansa, Singapore, and EVA which has wide seats.

Expenses

- Sex reassignment surgery with Dr. Saran Wannachamras bangkok, Thailand.
- Travel arrangements for 7 days will be at least around 100 USD per day
- If you are HIV positive, then you are a risk to hospital personel. For this reason you need to pay an extra 30% of the original charge.

Airport Immigration and Customs

- Please present the supporting documents confirming the scheduled operation upon request. Please do not carry any unnecessary drugs or dangerous objects in your luggage.

Appointment with Surgeon

- The operation can be arranged once you have all the required papers ready. Just inform us of your earliest convenient date prior to arrival, either by [clicking here](#) to contact us via e-mail.

Packing List

- Pack only loose clothing. If the patient arrives alone, it is essential to travel with light airport baggage/luggage (max. 20 kgs) to avoid risking injury during the 4-6 week recovery period.

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-Itinerary-

DAY 1

- Arrive in Bangkok Airport. Meet with Doctor Saran (Sex reassignment surgery Sigmoid Colon) staff and be escorted to the Hospital
- Pre-surgery night in the deluxe private suite in [Hospital \(www.piyavate.com\)](#)

DAY 2

- Appointment with our doctor for clinical interview /consultation. All questions will be clarified personally and the surgery technique will be discussed.
- Check medical documents
- Doctor will prescribe antibiotics to clean the bowel for two days.

DAY 3

- Continue taking liquid diet, laxative, antibiotics as prescribed.

DAY 4

- Sex reassignment surgery with Dr. Saran Wannachamras bangkok, Thailand.
- Admission to the hospital. You will be required to sign hospital consent forms. The operation time will be set up and inform you. The nurse will do complete enema to clean rectum, take very nice shower, preoperative intravenous fluid and sedation. Then you will be in operating room under general anesthesia. Surgery takes about two and a half hour to three hours.

DAY 5-6

- The day after; you can not have food or drink. You will receive intra venous fluid and antibiotics for two days after operation.

DAY 7-8

- Your doctor will remove the dressing and bandages. Upon checking you will start to have liquid diet progress to soft diet and discontinue the intravenous fluid. Remove the dressing and recuperate for another two to three days and will be discharge to the hotel on the fifth day after operation or extend your stay at the hospital.

DAY 9-12

- You will be required to stay in the hotel or hospital five days before planning to go home. The doctor will closely check your wound during this period.

DAY 13

- You may go to Sightseeing (Depend on doctor diagnosis). Visit the hospital where the doctor will remove sutures from the labia and do a final examination. You will receive a final postoperative recovery check up and some medications. You will also receive a medical certificate that authenticates the

surgery.

DAY 14

- Transfer to Bangkok International Airport for departure by [Dr.Saran's](#) Staff.

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Useful Links

[Dr.Preecha Tiewtranon - PREECHA AESTHETIC INSTITUTE \(PAI\)](#)

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The number is +662 693-9391

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